

30th Anniversary Exe River & Canal Circular

Friday September 27th

Starting at 11.00 from the Mint on Fore Street

As just one group amongst many in the Exeter U3A, The Walking Group, are pleased to offer all U3A members and non-members the chance to join us for a circular stroll around our River Exe and Quay area, in celebration of the 30th anniversary of Exeter U3A

Distance

The walk is about 5.25m and since it is a circular walk, you can leave at any time to suit you. I regret we do not include any dogs on our walks.

The Fun Bit

By way of an added incentive, if needed, we shall be making some “pit stops” around the course, starting with The Double Locks for lunch or just a drink, around 12.00 hrs

Terrain

There will be one or two manageable sets of steps at the beginning and near the end, but importantly the main route will be flat on either side of the river. The overriding aim is to give everyone a taste of a fun late morning /afternoon of walking and talking. It will not be a route march, but it will maintain a steady pace so please be realistic about your fitness level to complete the walk and wear sensible shoes.

Route

The route will leave the Mint and head towards Exe Street and over The Miller’s Crossing near the Mill on the Exe. We continue down the right-hand side of the river passing under Exe Bridge and entering the piazza and the Exe basin with the tea shops and Venezia Bar, where you can get a coffee or perhaps, bring a flask of coffee if you prefer.

Continuing down the right-hand side of the river and canal, we have a 30–45-minute lunch stop at the Double Locks, before heading back up over to the other side of the river via the suspension bridge and up to the Exeter Quay.

The return into town will be via Cricklepit Mill and part of the old city wall, before proceeding across Western Way and up steps through the olde worlde Stepcote Hill and onto George’s Meeting House where the walk will end at approximately 15.30 hrs